

Menu: Toddler (Group 1 & 2) Week 1 & 2



Menu: Toddler (Group 1 & 2) Week 1								
Name	Monday	Tuesday	Wednesday	Thursday	Friday			
Breakfast Toddlers (Group 1 & 2)	Strawberry Porridge	Oats	Mielie pap	Weetbix	Chocolate Porridge			
Morning Snack toddler	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/ Flings	Chocolate Mouse/ 2 Types of Fruit / Flings			
Lunch Toddler (Group 1 & 2) and Preschool (2-5 year)	Savoury Mince with Shell Pasta	Butter Chicken Curry with Rice	Sausage Carbonara with Spaghetti	Cottage Pie (Mince and Mash)	Chicken A La King with Rice and sweet Carrots			
Afternoon snack toddler (Group 1: Smaller)	Biltong Kips with yogurt	Sweet muffin with 2 fruits	Bacon Kips with 2 Fruit	Sweet muffin with 2 fruits	Bacon Kips with 2 fruit			
Afternoon Snack toddler (Group 2: Bigger)	Biltong Kips with 2 fruit and yogurt	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 Fruit and flings	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 fruit			
Late Snack	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits			
Menu: Toddler (Group 1 & 2) Week 2								
Name	Monday	Tuesday	Wednesday	Thursday	Friday			
Breakfast Toddlers (Group 1 & 2)	Strawberry Porridge	Oats	Mielie pap	Weetbix	Chocolate Porridge			
Morning Snack toddler	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/ Flings	Custard Crumble/ 2 Types of Fruit / Flings			
Lunch Toddler (Group 1 & 2) and Preschool (2-5 year)	Beef Stroganoff with Rice	Chicken and Mushroom Pie	Beef and Rosemary Stew with Mash and pumpkin bake	Chicken Bobotie with Rice	Sweet Sausage with Spaghetti			
Afternoon snack toddler (Group 1: Smaller)	Biltong Kips with yogurt	Sweet muffin with 2 fruits	Bacon Kips with 2 Fruit	Sweet muffin with 2 fruits	Bacon Kips with 2 fruit			
Afternoon Snack toddler (Group 2: Bigger)	Biltong Kips with 2 fruit and yogurt	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 Fruit and flings	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 fruit			
Late Snack	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits			



Menu: Toddler (Group 1 & 2) Week 3



Menu: Toddler (Group 1 & 2) Week 3								
Name	Monday	Tuesday	Wednesday	Thursday	Friday			
Breakfast Toddlers (Group 1 & 2)	Strawberry Porridge	Oats	Mielie pap	Weetbix	Chocolate Porridge			
Morning Snack toddler	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/ Flings	Jelly & Custard/ 2 Types of Fruit / Flings			
Lunch Toddler (Group 1 & 2) and Preschool (2-5 year)	Durban Beef Curry with Rice and corn on the cob	Tomato Chicken Bredie with Rice	Sausage Hot Pot with Mash	Spaghetti Bolognaise	Chicken A La King with Rice and sweet Carrots			
Afternoon snack toddler (Group 1: Smaller)	Biltong Kips with yogurt	Sweet muffin with 2 fruits	Bacon Kips with 2 Fruit	Sweet muffin with 2 fruits	Bacon Kips with 2 fruit			
Afternoon Snack toddler (Group 2: Bigger)	Biltong Kips with 2 fruit and yogurt	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 Fruit and flings	Sweet muffin with 2 fruits and flings	Bacon Kips with 2 fruit			
Late Snack	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits			