

## Menu: Aftercare Week 1 &amp; 2



## Menu: Aftercare Week 1

Name	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Aftercare (Holidays Only)</b>	Cornflakes	Oats	Mielie pap	Weetbix	Rice Crispies
<b>Morning Snack Aftercare (Holidays Only)</b>	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/Flings	Chocolate Mouse/ 2 Types of Fruit / Flings
<b>Lunch Aftercare</b>	Beef Sausage Roll	Pizza BBQ Chicken	Vetkoek with Jam	Hotdogs	Beef Sausage roll with pumpkin bake
<b>Afternoon Snack Aftercare</b>	Marie Biscuit with Pretzels and Yogurt	Sweet Muffin with Pretzels and 2 Fruit	Tennis Biscuit with Pretzels and 2 Fruit	Sweet Muffin with Pretzels and 2 Fruit	Chocolate Mouse and 2 Fruit
<b>Late Snack</b>	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits

## Menu: Aftercare Week 2

Name	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Aftercare (Holidays Only)</b>	Cornflakes	Oats	Mielie pap	Weetbix	Rice Crispies
<b>Morning Snack Aftercare (Holidays Only)</b>	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/Flings	Custard Crumble/ 2 Types of Fruit / Flings
<b>Lunch Aftercare</b>	Chicken Pie and Corn on the cob	Vetkoek with Jam	Hotdogs with Viennas	Chicken Mayo Slaw Wrap	Pizza Cheese
<b>Afternoon Snack Aftercare</b>	Marie Biscuit with Pretzels and Yogurt	Sweet Muffin with Pretzels and 2 Fruit	Tennis Biscuit with Pretzels and 2 Fruit	Sweet Muffin with Pretzels and 2 Fruit	Mini Donut Decorating
<b>Late Snack</b>	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits



## Menu: Aftercare Week 3

Name	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Aftercare (Holidays Only)</b>	Cornflakes	Oats	Mielie pap	Weetbix	Rice Crispies
<b>Morning Snack Aftercare (Holidays Only)</b>	Tennis Biscuit / 2 Types of fruit/ Flings	Marie Biscuit / 2 Types of Fruit / Flings	Yogurt / 2 Types of Fruit/ Flings	Marie Biscuit / 2 Types of fruit/Flings	Jelly & Custard/ 2 Types of Fruit / Flings
<b>Lunch Aftercare</b>	Chicken BBQ Slaw Wrap	Pizza BBQ Chicken	Vetkoek with jam	Hotdogs with Viennas	Smokey Beef Pie with Pumpkin Bake
<b>Afternoon Snack Aftercare</b>	Marie Biscuit with Pretzels and Yogurt	Sweet Muffin with Pretzels and 2 Fruit	Tennis Biscuit with Pretzels and 2 Fruit	Sweet Muffin with Pretzels and 2 Fruit	Mini Donut Decorating
<b>Late Snack</b>	Marie Biscuits	Savoury Scone	Sweet muffin	Savoury Scone	Tennis Biscuits